



The Miner's Lamp

Bringing the Light of Service to the Community and the World Through Rotary

18 March 2008



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March is Rotary Literacy Month

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Literacy and numeracy are key to the education of children and adults. Rotary has long had a policy of promoting these programs to free people from the poverty of ignorance around the world . The love of reading is the best gift we can give a child.

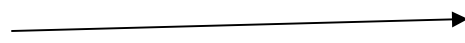
Healing for Chronic Pain



Diane Davies, our guest speaker last week, described how she became involved in helping people deal with chronic pain. Every Thursday at 1:00 PM, Diane hosts a group of people who drop in to the Nursing Centre on England Avenue to help them deal with pain and other issues in their lives. She has help from a group of volunteers who give freely of their time and talents to help people dealing with chronic pain. She described the process that includes establishing a stress-free, relaxed environment for up to 25 people every week. Participants form a circle and take turns talking about issues in their lives and thus help people to unburden their minds and bodies of the illness, chronic pain and

stresses they experience. She explained that people suffering from chronic pain and illness have highs and lows that they experience and the group provides an accepting environment to help them bring down their physical and emotional tension and thereby helps people reduce the effects of the pain and illness they have. The Nursing Centre has been very supportive of Diane's work and she invited anyone to visit the group on a Thursday afternoon.

Announcements—What's Happening in our Club—Please Read

- Jill Cornwell continues to be interested in suggestions for speakers: jcornwell@shaw.ca She is also accepting donations of good books for the Cumberland Lodge Library we have helped establish.
- The Mexican GSE (Group Study Exchange) Team will visit our area. Leader- Dr. Natlio G. Solis age 44, male, internal medicine. Members: - Angel Isaac Diaz Goytortua, age 28, male, Mechanical engineer, Computer engineer. - Antonio Cantu Galvin, age 40, male, University Prof, Civil engineer - Christian Emilio Saldana Lopez, age 25, male, Computer engineer - Erika Rodriguez Garcia, age 25, female, University Administrator - Wendi Paola Alvarado Garcia, age 25, female, Coordinator.
- PE Linda described her experience at PETS in Tacoma over the weekend and that she and the other incoming presidents are developing plans for greater coordination and cooperation among clubs.
- Al deJersey is leading the recruitment drive with 2 new members! Well done, Al.
- Linda Oprica asked for props for the melodrama: old settee, old clothing, mining stuff, a “hick” hat and a fake rifle. Contact Linda if you can help. oprica@ascentcoaching.com or 336-2644.
- Steven Baird introduced Simon Garstin, a 17-year-old graduate of Vanier who is ranked #2 nationally in the sport of mountain biking for under 19s. Simon will be attending the nationals in Quebec and the international event in Italy. He needs \$9,000 to fund his participation in these events. He has obtained sponsorship from 2 businesses totalling \$2,000. If you can help, please contact Simon at: sgartin@gmail.com or 338-5266.
- Paul Vroom gave a report of the Rotary Ski Day held on Friday and presented a prize to Deb for Bayne.
- Past President Dave auctioned two items that peg had won as a door prize. VIP and Guest passes to Fitness for Women fetched \$20 and a CD that contained songs by Valley Idols 2007 fetched \$30. Proceeds will go to the Interact Club of Highland Secondary School.
- President Keith presented a presidential seal to Jill. 
- The District 5020 newsletter can be found at: <http://www.rotary5020.org/newsletter.pdf>
- District Conference in Parksville 29 May to 1 June. www.rotary5020.org
- Our 2008 Installation dinner will be on Tuesday, 24 June at the Kingfisher. Meal will be a barbecue. \$25 per person. See Dave Stevens for tickets and to reserve seats. cvas4@shaw.ca



Speaker (18 March) Catherine Bell MP

March Greeters: Liz Phillipson and Jill CornwellGreeters'

Duties: Arrive by 6:30 AM, set up room—hang banners, arrange flags, guest register, bell and gavel, name tag box, place sandwich board on sidewalk, greet everyone as people arrive and hand out badges, help with visitors' name tags and make-up cards. At end of meeting, return room to original condition by putting everything away—please don't leave the sandwich board on the sidewalk.

Rotary Moment



India to Provide Rs 23.44 BN for Polio Eradication

New Delhi: The government will give Rs (rupees) 23.44 billion for the polio eradication programme in the country, the cabinet decided on Friday. It converts to US\$.59 BN.

The funding for the programme will be in consonance with the existing norms, while the honorarium to vaccinators and supervisors would be increased, the Cabinet Committee on Economic Affairs (CCEA) said after a meeting in New Delhi.

It said that the Department of Health and Family Welfare would be permitted to negotiate with the World Bank and other external funding agencies to bridge the gap between the total requirement and availability.

In India, 864 cases of polio were reported in 2007, while 106 were reported till February end this year.

"The elimination of polio will improve the quality of lives of those otherwise affected by polio involving life-long disability, thus improving national productivity and eliminating wasteful expense on treatment and rehabilitation," an official statement said.

Source: Indo-Asian News Service

Attendance

23 Cumberland Rotarians attended our meeting last week. Visiting Rotarians: Al Bergquist, Bob McQuillan, Chip Ross and Paul Vroom of the RC of Strathcona Sunrise. Guests: Bayne Mann, Simon Garstin and Diane Davies, our guest speaker.

March Birthdays and Anniversaries

Birthdays: 6 Ann Janssen, 22 Debbie Lemire, and 26 Kurt Nielsen

Anniversaries: 23 Ann and Wessel Janssen

Best wishes to all of you.

Parting Shot



Judythe presented Benefactor certificates to Al, Dodie and Gale in recognition of their commitments to the Permanent Fund of the Rotary Foundation



Melodrama News

The City Slicker and Our Nell

A melodrama directed by our own Gale Wheeler and featuring many of our club



members in the cast and crew will open at 7:00 PM on Thursday, 15 May in the Cumberland United Church. A special performance for Rotarians only will be held on Friday, 16 May and the final, evening performance will be held on Monday, 19 May. Two matinee performances will be held on 17 and 19 May at 2:00 PM. Proceeds will be used to fund a community project. Only 175 seats will be available for each performance. Tickets will be available soon. Admission will be \$10 per adult, \$5 per child, 12 and under. Families of four will be admitted for a special family rate of \$25 and there will be a special price (by donation) for Rotarians for the exclusively Rotarians-only event. Rehearsals will start on Wednesday evening, 2 April and will be held twice per week on Wednesday evenings and Sunday afternoons. The director estimates 3 hours will be required for each rehearsal. A fun-filled event for the whole family and for all the participants. See Gale to volunteer, she needs a female lead and a Stage Manager.

“The human race has only one really effective weapon and that is laughter.”- Mark Twain

[Cumberland Centennial Rocks!](#)