

The Miner's Lamp

Bringing the Light of Service to the Community and the World Through Rotary



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The Month of May Has no Theme

IN THIS ISSUE

What's New in Pharmacy	1
Announcements	2
Rotary Moment	3
Attendance	3
Birthdays and Anniversaries	3
Parting Shot	4
May Programs	4

Although the month has no specific theme associated with it, it is a time when clubs prepare for the RI Convention, the District Conference and make last minute plans for the year ahead.

What's New in Pharmacy



Our speaker on Tuesday was Dave Corman, Cumberland resident and Manager of Pharmacy at the Cumberland Health Centre. Dave introduced us to the advances being made in patient care, particularly the dispensing of medications to clients of the Cumberland Lodge and three other, similar facilities on the Island.

Dave showed us how medications were once delivered in blister packs and pointed out the several disadvantages inherent in the system, which involved the time-consuming delivery of the packs to clients using med carts wheeled around by the nursing staff. Now the centre uses an automated dispensing machine that receives instructions from a computer with the details of the client and the medications involved. The system, known as PacMed, involves a \$300,000, computer-controlled device that is capable of holding up to 500 different pills and capsules. When the dispensing machine receives instructions from the pharmacist through a computer, it dispenses the correct medications and seals them in a personalized cellophane envelope marked with the name of the client and the medications it contains. The result is a great saving of time for nursing and pharmacy staff and a much better way of tracking and managing medications.

Announcements

Tension is who you think you should be. Relaxation is who you are
~Chinese proverb

- Jill Cornwell is always interested in suggestions for speakers: jcornwell@shaw.ca Jill is also accepting donations of good books for our library at Cumberland Lodge.



- From President Alan: A reminder to register for the District Conference in Tacoma 3 - 5 June. Go to: www.rotary5020.org to register. Next meeting of the Board of Director will be on Thursday, 12 May at 7 Am at Carmie's.
- Alinda Ware has returned from Kenya and read a letter of thanks from a student we have helped sponsor to become better educated.
- Steve reminded us of the Installation Dinner to be held at the home of Keith and Joanne Tatton, 3785 Turnbull Road, Royston on Tuesday, 7 June at 6 PM. Dress for outdoor dining. Unless you indicate that chicken or vegetarian is your request, your choice will be barbecued steak. Please pay John J by 17 May. E-mail John if you plan to attend.
- John C is engaged in the editing and production of the club directory for 2011—2012. Please have a look at your information and if changes are required, let him know NLT 15 May. If you don't like your picture, send John a new one or ask him to take one at Rotary.
- **May Greeters:** Debbie and Robb.
- **Greeters' Duties:** Arrive by 6:30 AM, set up room, greet everyone as people arrive and hand out badges, help with visitors' name tags and make-up cards. Return room to original setup.

Rotary Moment

Push to End Polio Draws Students' Support



Even before completing his studies as a 2009-10 Ambassadorial Scholar in New Zealand, Xaver Hausner says he "wanted to give something back to Rotary International and the world in general." Hausner, of Wurzburg, Germany, followed through in a big way. He and a friend, Oliver Macindoe, cycled more than 2,000 miles across New Zealand, raising about US\$37,000 for Rotary's US\$200 Million Challenge. The cyclists completed their 54-day Journey of Hope from Cape Reinga to Bluff on 16 January. "One of the biggest lessons from this fundraiser is that when you work for the good of others, people are so keen to help you," the cyclists blogged at the end of their journey. "We can see this is one of the greatest strengths of Rotary."

Sarah Perry, a 2010-11 Ambassadorial Scholar from West Virginia, raised more than US\$10,400 for the polio eradication campaign by running the Rotterdam Marathon in the Netherlands in April. She got the idea while speaking to Rotary clubs in Scotland, her host country. "As I came to understand more and more about Rotary's worldwide push to rid polio from the final four countries in the world [Afghanistan, India, Nigeria, Pakistan], it struck a chord with me and I started to wonder if there was something I could do to help with some fundraising," Perry says.

In addition to giving back to Rotary for her scholarship, Perry says she ran the marathon "to ensure that polio can no longer rob children of their ability to walk, run, and play like so many other children around the world."

Esha Chhabra took part in National Immunization Days (NIDs) in India in 2009 and 2010, before and during her studies as an Ambassadorial Scholar in England. Chhabra, who was born in India and grew up in California, worked alongside "college students who volunteered their free time, local Rotarians who accompanied us, and young health workers who took the mission to heart," she says of her second NID. "I saw an army of volunteers of varying colors, creeds, and nationalities march in a parade through Delhi in the hundreds, shouting in Hindi, 'We must erase polio.' ~Source : Dan Nixon Rotary International News -- 3 May 2011

Attendance

23 Cumberland Rotarians attended our meeting on 10 May. We missed the company of: Bill, Catherine, Jay, Christine, Cathe, Mac, Kim and Adri. Visiting Rotarian: Bent Harder of the Rotary Club of Courtenay.

Birthdays and Anniversaries in May

Birthdays: 7 John Jones, 24 Mac Fraser, 27 Keith Tatton. Anniversary: 20 Paul and Penny Vroom. Best wishes to all from our club.

Parting Shot



At the Area 1B Mini-assembly on 9 May, PE Deb was presented the “Eat Crow” trophy for lowest reported attendance Jan - Mar.

May Programs

17 - Club Assembly

24 - John Challender on Vocational Service

31 - Dave Durrant - Update on Cumberland

Chuckle Corner

I used to be indecisive. Now I'm not sure.

I always take life with a grain of salt, plus a slice of lemon, and a shot of tequila.

When tempted to fight fire with fire, remember that the Fire Department uses water !

You're never too old to learn something useless.

To be sure of hitting the target, shoot first and call whatever you hit the target.

Nostalgia isn't what it used to be.

Some people hear voices. Some have invisible friends. Others have no imagination whatsoever.